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An exclusive magazine serving the residents of Saratoga. The Heart of Saratoga

APRIL 2026

SARATOGA

Spotlight

MEET
MARGARET ABE-KOGA

**DISTRICT 5 SUPERVISOR -
REPRESENTING SARATOGA**

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Cover Photo by Dave Lepori



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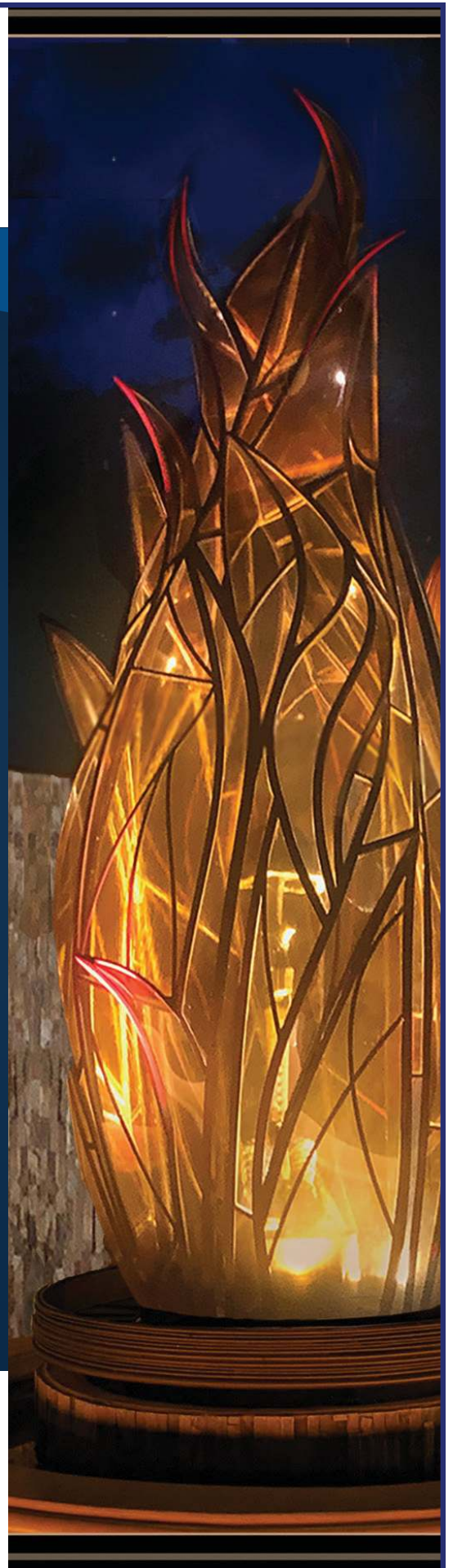
Mon, May 25

Time:

12:00 - Lunch Available for Purchase, Veterans
Free with ID
1:00 - Ceremony Begins
4:00 - Ceremony Concludes

The Flame of Liberty Memorial
Los Gatos Civic Center
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Los Gatos
Public invited. Free event.

Keynote Speaker: General Kent Hillhouse
U.S. Army (Ret.)



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SARATOGA

Spotlight

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Content Due:	Edition Month:
December 8	January
January 8	February
February 8	March
March 8	April
April 8	May
May 8	June
June 8	July
July 8	August
August 8	September
September 8	October
October 8	November
November 8	December

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**We regret that the last month's issue (March) had a spelling error.
The correct spelling of the family name is Scalora.**





DISTRICT 5 SUPERVISOR MARGARET ABE-KOGA

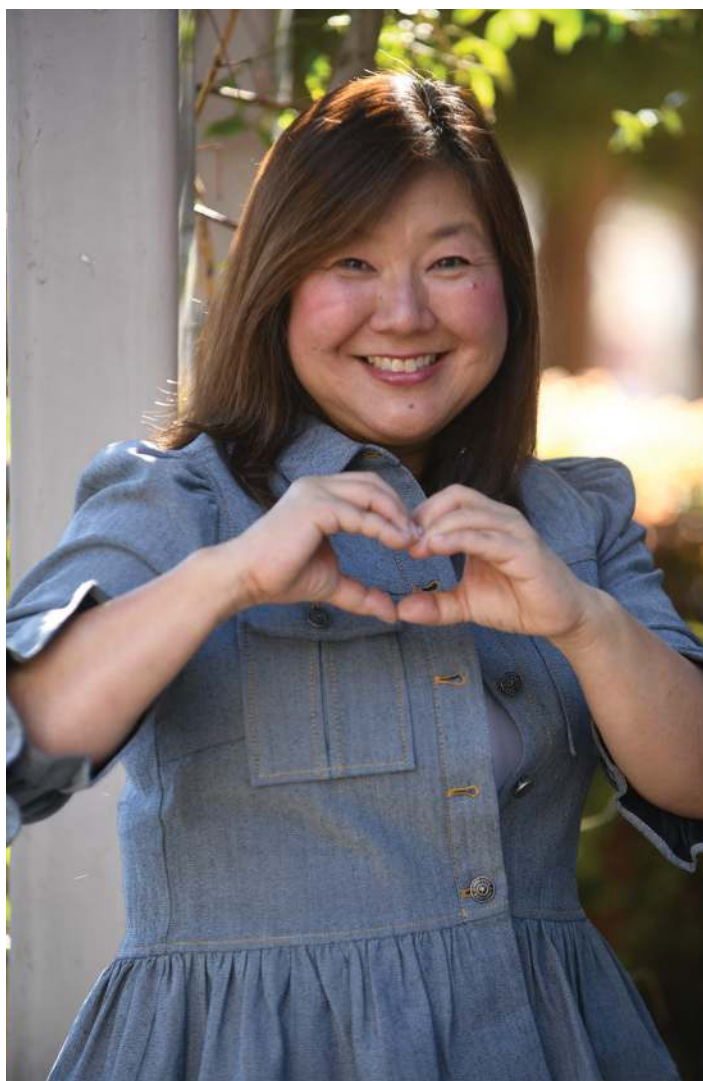
Provided by Carol Gerwitz | Photography by David Lepori

District 5 Supervisor Margaret Abe-Koga admits that a two-decade career in elective office wasn't her original plan when she ran for the Santa Clara County Board of Education in 2001. She just wanted to make the future better for her newborn daughter and her generation. In 2004 she ran for the Mountain View City Council. Although she lost in that election, she won a seat in 2006, becoming the first Asian American woman to serve as vice mayor and mayor. She served four terms. Then, as now, she wanted "to be sure everyone in the County has a voice." In November 2024 she was elected to the Santa Clara County Board of Supervisors, one of the first Asian American women to hold that office. "Timing, luck, and intent all came together in 2024" she said.

Those two decades of experience have served her well. Margaret wryly calls it "good fortune" that her two stints as Mountain View's mayor fell during two historic emergencies -- the 2009 Great Recession and the 2020 pandemic. In February the Board of Supervisors had to make \$183 million in midyear cuts to its \$13.6 billion budget, eliminating 365 positions. She's not panicking during these unprecedented times when the federal administration is withdrawing Medicaid and food assistance, and she is committed to preserving safety-net services in the years ahead when she knows there will be tough times. In the coming months, the Board will be facing harder choices as it works to pass the next fiscal budget that has been deeply slashed by H.R. 1, the One Big Beautiful Bill. "This is very challenging, but I have past experiences that are helpful. I like challenges. That's what keeps me going."

The Supervisor is paying attention to other concerns as well, including mental and behavioral health, particularly of youth. She is the vice chair of the Board's Health & Hospital Committee, which gives her direct contact with county departments providing mental health services. Climate change and public safety, in particular fire safety, are also other concerns. She convened a wildfire safety summit last year of Stanford University experts, city leaders





and fire safety practitioners to share ideas for fire resilience and prevention. She is chair of the Housing, Land Use, Environment & Transportation Committee and serves on the Metropolitan Transportation Commission, VTA, and CalTrain boards. Last year she travelled to Singapore, Seoul and Tokyo on a study tour to learn about possibilities for improving local transportation, and she will return to Japan in a delegation to promote international trade.

Much of Margaret's dedication to finding solutions to problems comes from her personal story. She was born at Stanford Hospital and raised in San Mateo by working-class immigrant parents from Japan. As soon as she learned to speak English, she became her parents' translator, so she saw the struggle that vulnerable members of society have when they do not have a voice in the community. By chance, Margaret met Anna Eshoo (then a San Mateo County supervisor) when she spoke at Margaret's high school. Margaret interned at Eshoo's office the summer after her freshman year at Harvard College. As she learned about county government, she realized how it serves as the safety net for a community's vulnerable population. Margaret graduated from Harvard with a degree in government in 1992, and Eshoo was elected to Congress for District 16. Margaret joined Eshoo's district office staff, and during that time, she met her future husband, Yotto, through practicing Kendo, a Japanese martial art. Their first date, Margaret recalled, was seeing the movie, "The Lion King." Yotto was completing his Ph.D. at Stanford and planning to head to Japan for a post-doctorate degree. However, his plans changed after meeting Margaret, and, instead, he founded a local



start-up. Yotto and Margaret became engaged six months after they met, and they married six months later, 31 years ago.

Margaret and Yotto are the proud parents of two daughters: Aili (whose name translates to "Love of Truth" in Japanese) is a graduate of U.C. Davis with a degree in studio arts. Aina ("Love of Nature") is a senior at the University of Washington earning a degree in psychology. Margaret credits one of her daughters with introducing her to K-pop and the vocal group, BTS, in particular. Her daughter told her that BTS got her through a rough emotional patch. "Naturally, as a mother wanting to connect with her daughter I gave them a listen. I haven't stopped listening since!"

Margaret and Yotto live in Mountain View, within walking distance of downtown. She is an avid cook with a passion toward trying new recipes, particularly for Japanese or Asian foods. She is eagerly anticipating cooking in their soon-to-be remodeled kitchen at the end of the summer. A resilient breast cancer survivor, Margaret enjoys fitness activities (she has owned and operated an indoor cycling facility), and she holds a third-degree black belt in Kendo.

Margaret makes it a point to be out in District 5 communities (farmers markets and festivals in particular) as much as possible so that constituents can talk to her about whatever is on their minds. She and Yotto enjoy hiking, and last year they hiked to the top of Mount Umunhum, which inspired her to host "Backpack with MAK," a docent-led series of easy hikes on local trails. She publishes notice of those events in her newsletter so constituents can join her. May is Asian American and Pacific Islanders Heritage Month; on May 1 she will hold a luncheon at the Mountain View Community Center to honor heroes from the Asian American community in District 5. All are welcome to attend.

"I want to thank my community for this honor to serve. I love my job! I look forward to waking up every morning to see what challenges are ahead. I will work very hard to serve the community well," said Supervisor Abe-Koga.

To sign up for Backpack with MAK, her District 5 weekly newsletter or learn other information regarding District 5 and Supervisor Abe-Koga, go to <https://d5.santaclaracounty.gov>.



BUILDING COMMUNITY: ONE NEIGHBORHOOD AT A TIME

By Mayor Chuck Page

Saratoga has always been a city defined by its neighborhoods. Each has its own character and history, yet together they form the foundation of a community built on connection, care, and shared purpose.

We are a city of many backgrounds and experiences, and that diversity strengthens us. What we have here truly unites us: a commitment to safe streets, strong schools, and a welcoming environment. Whether you've lived here for decades or recently moved in, we all care about keeping Saratoga a place where neighbors look out for one another.

This month, we are proud to advance our "Building Community: One Neighborhood at a Time" initiative. The program is designed to foster stronger connections at the local level, encouraging neighbors to communicate, collaborate, and celebrate one another.

A key part of this effort is "Nominate a Neighbor," which gives residents an opportunity to recognize someone who goes above and beyond to support their neighborhood. It might be a person who organizes a block party or neighborhood social, helps maintain a park, or simply checks in on neighbors — small acts that make a big difference. You can learn more about the program and nominate a neighbor by visiting www.saratoga.ca.us/neighbor.

Strong neighborhoods are the cornerstone of a resilient, vibrant city. When we know one another, share information, and work together, we create trust, connection, and shared responsibility. This is especially important in

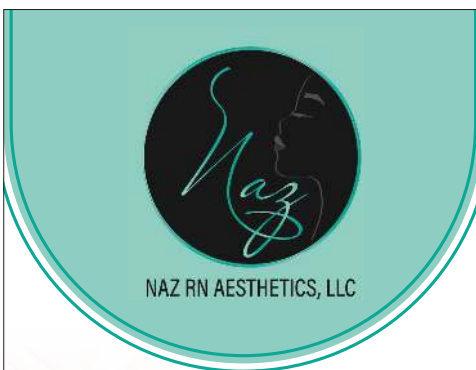
times of challenge, when neighbors can step up and support each other in meaningful ways.

Neighbors can help one another in countless practical ways. It may be as simple as collecting mail or putting out trash bins when someone is traveling or offering to pick up groceries for an older adult who no longer drives. During storm season or wildfire concerns, neighbors can share emergency alerts, compare preparedness plans, and make sure everyone on the block knows evacuation routes. Families can organize walking groups so children travel to school together safely. Residents can exchange phone numbers to report suspicious activity promptly or to coordinate help if power goes out. Even hosting a casual coffee on the driveway or a seasonal potluck can turn familiar faces into trusted friends. These everyday gestures build relationships long before they are needed in an emergency.

I believe that Saratoga is the model of what community can be when we focus on our common humanity rather than our differences. By participating in this Neighborhood Initiative and nominating those who strengthen our neighborhoods, each of us can help make our city stronger, more connected, and more welcoming.

As spring approaches, I encourage you to reach out, connect with a neighbor, and consider nominating someone who makes a difference in your community. Building community does not happen all at once — it happens one conversation, one connection, and one neighborhood at a time.

Together, we are stronger.



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WHEN SHOULD YOU UPDATE YOUR ESTATE PLAN?

By Lisa Bryant

There's often a visible sense of relief when clients sign the final documents that complete their estate plan. After months of thinking about difficult "what if" questions, everything is finally organized and in writing. Many people then place their trust binder safely on a closet shelf or in a safe deposit box — and don't look at it again for years.

While that sense of completion is well deserved, an estate plan is not meant to last forever without review. As a general rule, it's wise to revisit your estate plan every three to five years. However, certain life changes should prompt you to review your documents sooner. Your estate plan should reflect your current wishes, your family situation, and the law as it exists today — not as it was years ago.

One common reason to update your plan is simply a change of heart. Perhaps you want to name a different successor trustee, change who will handle your financial or health care decisions, adjust how assets are distributed, or update beneficiaries. It is important not to make handwritten changes, cross out sections, or remove pages from your trust. Doing so can unintentionally create confusion or even invalidate portions of your documents. Instead, consult your attorney to properly amend your plan so your wishes are clearly expressed and legally effective.

Major relationship changes are another important reason to revisit your documents. Marriage, divorce, entering or ending a long-term partnership — all of these events should prompt immediate updates. You likely do not want an ex-spouse making medical or financial decisions on your behalf. Beneficiary designations on life insurance policies, retirement accounts, and payable-on-death accounts should also be reviewed, as these pass outside of your trust and must be updated separately.

Becoming a grandparent often inspires families to rethink their plans. You may wish to include specific gifts for grandchildren or provide protections in case something happens to your children. Updating your estate plan can ensure the next generation is cared for according to your wishes.

The loss of a spouse is another significant turning point. After a spouse's passing, it is important to review your trust, update beneficiary designations on inherited retirement accounts, and revise your power of attorney and health care directives. Many couples name each other to serve in these roles, and replacements must be formally appointed.

Finally, changes in health — especially a diagnosis of a degenerative condition or serious illness — make estate plan review especially important. While you have capacity, you can ensure your wishes are clearly documented and explore long-term care planning options. Planning during this time can bring peace of mind and prevent unnecessary stress for your family.

Your estate plan is one of the most important documents you will ever sign. Keeping it current is an act of care for yourself and for those you love. If it has been several years since your last review, or if you have experienced a major life change, now may be the right time to revisit your plan.

To schedule your no-cost consultation, contact Bryant Estate Planning & Elder Law at (408) 286-2122. We are happy to answer your questions and help ensure your estate plan reflects your wishes today and in the years ahead.

This article is provided for general informational purposes only and is not intended as legal advice. Because laws and individual circumstances vary, please consult a qualified attorney regarding your specific situation.

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MEDICARE AND TAXES

By Lucille Maravilla

Tax season is a good time to review Medicare deductions and the Medicare IRMAA, the Income Related Monthly Adjustment Amount. Working with a CPA, you might want to plan on how to reduce high income or spread it out over time. An insurance professional can suggest instruments that create income streams that aren't taxed. Or a financial advisor can create ways to invest money, where you pay taxes on your current income but fund a Roth IRA, whose payouts are not taxed.

Medicare premiums for Medicare (Parts A, B, D, Medicare Advantage and Medicare Supplement) are tax deductible, but there are rules about who is paying, who is covered, and where the deduction is allowed. The premiums are a medical expense, but deductions depend on whether you itemize and if the expenses qualify. They are also different if you are self-employed. There are also special rules for partners and certain S corporation shareholders.

In 2026, Medicare Part B costs \$202.90 per month. But if your income on your 2024 federal income tax return exceeded \$109,000 per individual or \$218,000 per couple filing jointly, your Part B monthly cost in 2025 will be greater for each person. The same applies to high-income Medicare enrollees in Part D or a Medicare Advantage plan with drug coverage.

The government uses a two year "look back" to determine if you should pay extra amounts. That's why 2026 costs are based on your 2024 tax return. When a Medicare enrollee gets a cost increase, Social Security will notify the enrollee of the increase.

The income we are describing is modified adjusted gross income or MAGI. Your tax advisor can provide the details of what this includes for your particular tax return. Some items that can affect MAGI: IRA contributions, non-taxable Social Security payments, passive loss or passive income, any overall loss from publicly traded partnerships, selling a house or rental property with a sizable capital gain. Large and one-time events such as: you withdrew a large sum from your IRA, earning a six-figure salary, converting a large portion of your traditional IRA to a Roth. Any of these actions could inflate your income substantially and leave you blindsided by IRMAA.

You should meet with your Medicare agent to understand in detail what these costs might be for your Medicare coverage. An appeal process is available for a Medicare recipient. This is especially important if the IRMAA creates a financial hardship. The appeal is submitted to Social Security. A knowledgeable Medicare agent can guide you with the process.

No one likes surprises that impact them financially in a negative way. Starting at age 60, we recommend review of your future retirement plans. Tax time provides a benchmark of concrete numbers. In addition to Medicare coverage, consider when you plan to collect Social Security. If you move out of the area, when should you sell your house. Do you have health issues that require special needs, how much income do you need to live comfortably, etc.

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WEST VALLEY COLLEGE ADVANCES SEMICONDUCTOR TECH TRAINING PROGRAM THROUGH \$3.9M FEDERAL GRANT AWARDNAL RECOGNITION

By Jennifer Taylor-Mendoza, Ph.D. President, West Valley College

Dear Neighbor,

At West Valley College, we constantly redefine what it means to excel — including in how we prepare students for life after graduation. Our commitment to delivering valuable outcomes is yielding significant returns, highlighted most recently by a major grant award that will advance our progress.

I am proud to share that West Valley has been awarded a \$3.9 million federal FIPSE grant to develop a new semiconductor technician certificate program. This four-year grant, running through December 2029, is empowering the college to rapidly train at least 120 workers annually for high-demand cleanroom and fabrication jobs.

West Valley is the only California Community College — and one of only 18 institutions nationwide — selected for this competitive national grant awarded by the U.S. Department of Education's Fund for the Improvement of Postsecondary Education.

This meaningful federal investment strengthens West Valley's institutional capacity, elevates our national visibility, and enables long-

term, measurable impact for students and the broader community.

Through the FIPSE grant, WVC is offering a semiconductor fabrication lab where students gain hands-on training and experience. The certificate program is designed to quickly prepare and certify dozens of workers every year for immediate entry into high-skill, in-demand jobs — a win for program graduates and area employers alike.

In addition to building capacity for quality, short-term work training programs such as West Valley's, FIPSE grants also fund projects focused on using artificial intelligence in teaching and learning; fostering civil discourse on college and university campuses; and reforming higher education accreditation.

This federal investment has already generated national attention, with coverage in major higher-education publications, further reinforcing West Valley College's reputation as a statewide and national leader in innovation, equity-centered practice, and student-focused excellence.

In Community,

Jennifer Taylor-Mendoza, Ph.D.
President | West Valley College

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Join us for this three-day public event, May 14-16, highlighting graduating student work throughout the West Valley College Bill & Leila Cilker School of Art & Design.

Provided by Kristen Garcia

The EXPO is open daily for self-guided tours as well as scheduled special events, including the Cilker Student Film Festival, Jazz Under the Stars, Open Studio Figure Drawing Workshop, Art Gallery Opening & Student Art Sale, the graduating Fashion Design student Spring Fashion Show, Content Magazine Pick-Up Party 18.3 "Perform," and Cilker Performing Arts Department's annual Dance Caravan.

Schedule of Events

Thursday, May 14

6:00 p.m. Jazz Under the Stars - Intimate Jazz Band Performance in the Jean and E. Floyd Kvamme Planetarium

7:00 p.m. Digital Music Center Grand Opening

8:00 p.m. Cilker Student Film Festival

Friday, May 15

3:00 - 4:30 p.m. Open Studio Figure Drawing Workshop with Ron Guzman

3:00 - 5:00 p.m. Monoprinting Workshop with Jeff Rascov

5:00 - 8:00 p.m. Screen Printing with Oaxacali Studios - Bring a t-shirt or tote bag to upcycle

6:30 p.m. Art Gallery Opening

6:30 p.m. Student Art Sale

6:30 p.m. Content Magazine Pick-Up Party 18.3 "Perform"

8:00 p.m. Annual Graduating Fashion Design Student Fashion Show

9:00 p.m. Live Band Performance

Saturday, May 16

2:00 p.m. - 7:00 p.m. Self Guided Tours of student work

3:30 p.m. Dance Caravan

7:00 p.m. Dance Caravan





21st Anniversary OF the Village Gardeners

Provided by Jill Hunter

On March 3 the Saratoga Village Gardeners celebrated their 21st anniversary at Hong's Gourmet in Saratoga Village. For these many years over 50 gardeners have pulled weeds, swept and planted flowers from Fifth St. to (and including) Blaney Plaza. Volunteers are told where to meet on the Sunday before with plans for the following Tuesday. Friendships have been formed, everyone thoroughly enjoys themselves and is gratified to know the Village looks wonderful with all the blooming flowers.



Executive Decisions.



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State of the Art - Chandrika Marla

Compiled by Marie Cameron

It's really exciting when an artist works across disciplines creating something entirely new and original in the process. So it is with Chandrika Marla who, after earning a degree in Fashion Design from the National Institute of Fashion Technology in New Delhi, worked designing clothing for women and children in India and Chicago. Today she is an abstract painter living in Mountain View and operating a studio out of Cubberley Community Center in Palo Alto.

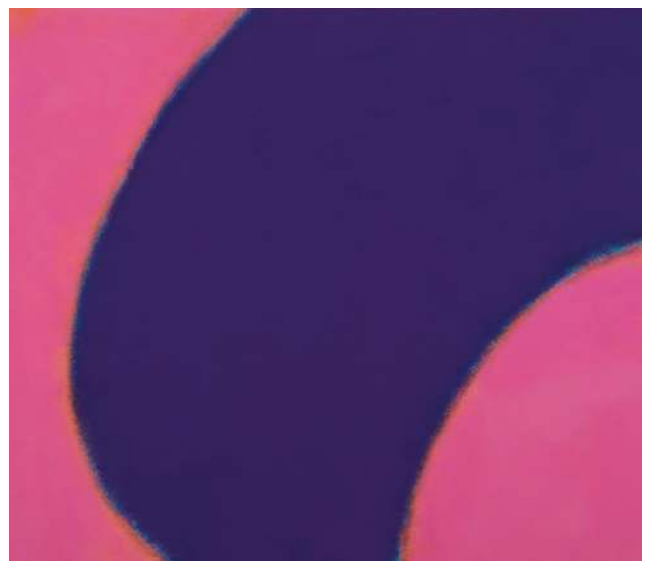
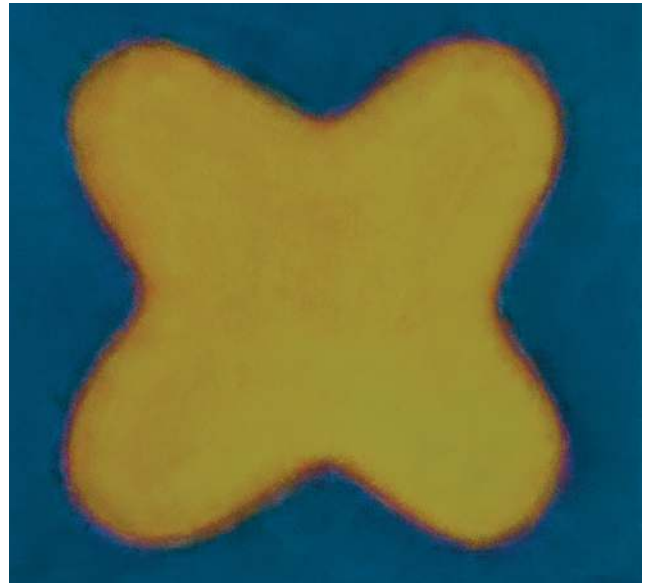
In her previous career as a fashion designer, Chandrika Marla developed a deep affinity for the female form. She now draws from this visual vocabulary in her paintings, referencing the soft curves of a woman's body in simple shapes and bold, saturated colors, reminiscent of Indian fabrics. Her paintings are multilayered and radiant. She applies ten to fifteen layers of paint onto her canvases with a roller, creating luminous color fields that are divided by soft, sinuous lines of scintillating, speckled pigment.

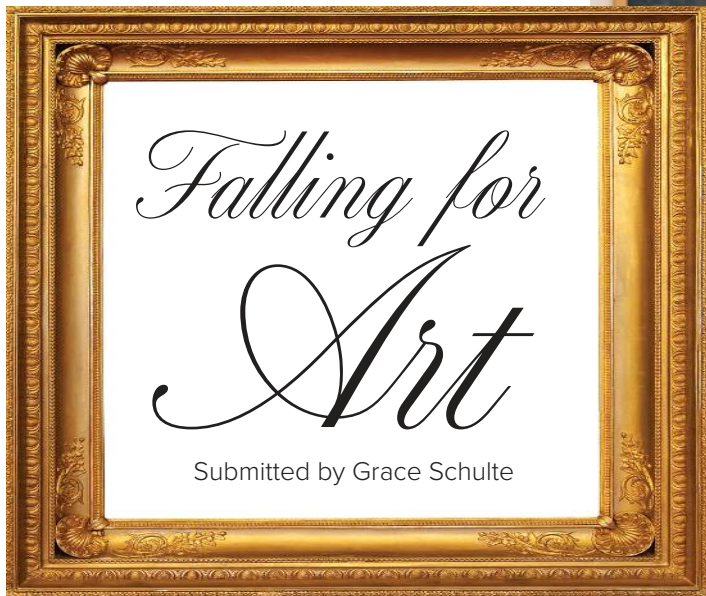
Chandrika Marla shares that making art helped her to stay calm in a chaotic and noisy environment when she was a child. Now she finds it to be a crucial part of her life, helping her to find new ways to see and think, "to capture beauty and distill it into a simple shape, a rich color, and a soft line" she relates. "I want to make the complicated uncomplicated, to talk about difficult moments through the fundamental use of color and shape...a need for peace, and an innate desire to create balance and harmony in every frame of my day."

When asked what she liked about living in the Bay Area, she responded, "The abundance of flowers here reminds me of the city I grew up in. Small moments in nature, a certain green or the violet of a jacaranda tree, the weeping shape of wisteria. If I feel depleted, a simple walk in nature can reinforce my creativity."

Last summer Chandrika Marla created monotypes that include fabric in a process called chine-collé with Master Printer Courtney Sennish and is developing ways to bring fiber and tapestry into her work. She acknowledges, "A lot of my ideas originate in clothing and textile, and I want to bring back that part of my past."

Catch her solo show "At the Edge of Becoming" which is currently on view at the Stanford Faculty Club until April 20, 2026, or visit her website, at www.chandrikamarla.com.





There's something about fall—those bold reds, oranges, and golden yellows—that stirs creativity. Artists throughout history have been inspired by the season's warmth and change.

Vincent van Gogh's "The Mulberry Tree" (1889) captures fall's fiery glow with swirling orange leaves and a deep blue sky. Painted during his time at a French asylum, the piece expresses both beauty and emotion.

Claude Monet also turned to fall for inspiration. His 1891 poplar series shows tall trees lining the Epte River, their golden foliage reflected in water. These paintings are all about light and movement—classic Monet.

American painter Winslow Homer, known for coastal scenes, also created fall landscapes. "Autumn Woods" (1886) shows a hunter in a forest glowing with autumn color, combining his love of nature with the season's richness.

In Japan, Hokusai captured fall in his famous woodblock prints. "Ejiri in Suruga Province" features autumn winds sweeping through fields with Mount Fuji in the distance, part of his iconic Mount Fuji series.

These artists remind us that fall is more than just a season—it's a feeling. As the days grow shorter and cooler, take a moment to see the beauty around you and maybe even make something of your own.

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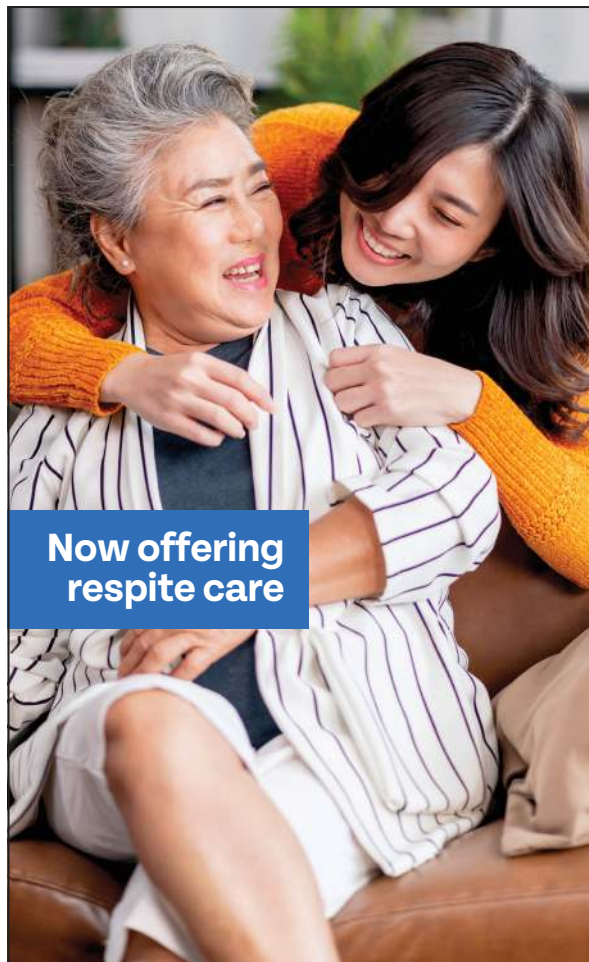
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MUST-SEE 2026 TRENDS IN RESIDENTIAL DESIGN (AND BEYOND)

By Janine Arietta, ASID Allied, NKBA, NARI

JAS Interior Designs, Saratoga, CA

Our homes shape far more than how they look—they influence how we feel, how we connect, and how we live each day. As we move into 2026, residential design is responding thoughtfully to a world that feels faster, more complex, and at times uncertain. The result is a renewed emphasis on spaces that feel personal, grounding, and deeply supportive of well-being. Whether you are considering a thoughtful refresh or a comprehensive remodel, the following design directions—many gaining momentum in 2025 and maturing in 2026—offer insight into where luxury residential design is headed.

Nostalgia & Heritage Storytelling

In periods of cultural and economic uncertainty, design often looks backward to move forward. We are seeing a meaningful return to antiques, heirloom pieces, and estate-sale finds—objects that carry history, craftsmanship, and emotional resonance.

Heritage storytelling in interiors goes beyond decoration. It is the intentional layering of family history, cultural references, and personal narratives into the home, creating spaces that feel authentic and rooted. This shows up beautifully in reimagined wallpapers, where mills are revisiting archival patterns and reintroducing them in fresh colorways, larger scales, and modern applications. (Notably, Gen Z's embrace of vintage and heritage-driven design is also fueled by sustainability.)

This renewed appreciation for the past pairs seamlessly with a confident maximalist spirit—bold yet curated layering of color, pattern, and materiality, anchored by oversized vintage pieces, heirlooms, or thoughtfully designed vintage-inspired furnishings.

Color with Purpose

Color in 2026 is expressive, intentional, and emotionally driven. Homeowners are leaning into palettes that ground, soothe, and energize—an antidote to an increasingly unsteady world. Expect to see:

- Earthy, nature-inspired hues drawn from clay, desert

landscapes, and stone

- The continued warmth of rich wood species such as burlwood, mahogany, and rift-sawn oak
- The emergence of soft pastels used with sophistication rather than sweetness
- Color drenching—wrapping walls, ceilings, and trim in a single hue—continuing its momentum from 2025

Color is no longer an accent; it is an experience.



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Curves Everywhere

Soft, sculptural forms continue to replace sharp edges throughout the home. Curves bring a sense of comfort, flow, and visual ease, and they are appearing across architectural and decorative elements alike—arched doorways, curved cabinetry and islands, rounded furniture silhouettes, mirrors, tile patterns, and textiles. The effect is both modern and timeless, lending spaces an organic elegance.

Elevated Architectural Details

Luxury in 2026 is found in the details.

- **Marble Surrounds:** No longer reserved for countertops or fireplaces, marble is being used creatively in door casings, shower surrounds, and even cabinet hardware—a trend notably showcased at the 2025 San Francisco Decorator Showcase.
- **Plaster Walls:** Limewash and Venetian plaster finishes are replacing flat paint, adding depth, movement, and a handcrafted sensibility. These tactile surfaces—whether in natural neutrals, bold hues, or moody dark tones—are being used as focal points in living rooms, bedrooms, and even primary bathrooms.

The Evolving Kitchen

According to the National Kitchen & Bath Association's 2026 Trends Report, the kitchen continues to expand in both size and purpose. Today's kitchens are personalized, wellness-focused, and technologically intuitive. Key shifts include:

- Larger footprints that prioritize storage over traditional dining tables
- Minimal detailing paired with rich materiality
- Smart technology that enhances everyday living
- Generational customization and low-toxicity, health-conscious finishes

White cabinetry is giving way to more character-driven combinations—painted cabinetry in

Saratoga Spotlight | April 2026



blues and greens, warm wood tones like white oak, and curved cabinetry details. Natural materials remain dominant, with marble and quartzite slabs extending from countertops to backsplashes and architectural features. Layered, high-quality lighting—pendants, under-cabinet, and interior cabinet lighting—has become essential rather than optional.

Bathrooms Designed for Living Well

Bathrooms are increasingly designed around individual rituals, self-care, and long-term living rather than resale alone. Key trends include:

- Highly personalized layouts and storage tailored to lifestyle
- Aging-in-place features that are both subtle and design-forward—curbless showers, integrated benches, elegant grab bars, and wider doorways
- Transitional and timeless aesthetics remaining strong, alongside organic modern and minimalist approaches
- Wellness-driven technology focused on relaxation, health, and longevity

Color trends lean toward light neutrals and layered greens—sage, olive, and juniper—while bolder hues like emerald or teal are reserved for confident statements. Large-format materials with minimal grout lines are preferred for their calming effect and ease of maintenance. In finishes, polished is out; matte, brushed, and satin dominate.

Science Meets Design: Neuro-aesthetics

One of the most compelling movements shaping design beyond



2026 is neuro-aesthetics—the science of how our environments affect the brain and body. We now have research-backed insights into how light, color, texture, pattern, and connection to nature influence mood, productivity, and well-being. Designing with nature—for joy, health, and longevity—is no longer a philosophy alone; it is a proven methodology guiding truly elevated residential design.

A Thoughtful Conclusion

At its best, design supports us in becoming more productive, more connected, healthier, and more creative. It should reflect who we are today while thoughtfully supporting how we want to live tomorrow.

If you are considering how to elevate your home—whether through a renovation, new build, or intentional refresh—we would welcome the opportunity to explore what good design can do for you and your lifestyle.

Thoughtful design begins with a conversation. You can reach us at 408-966-6238.

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Spotlight

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